

# MSLS



Masters in Strategic  
Leadership towards  
Sustainability



*Class of*  
**2023**

<https://www.msls.se>







With over two dozen nationalities represented in the 2023 class of MSLS, the bio-book before you represents a repository of their individual journeys, past accomplishments, personal ethos and hopes for the future.

Students were asked to share what brought them to study at BTH in Karlskrona, Sweden, contribute life “hacks” to living more sustainably, and to provide their professional profiles on LinkedIn (if they so chose).

Our first assignment as a class was to create a mission statement for the year which follows this brief introduction.

Thereafter, the bio pages.

We hope you enjoy meeting the MSLS Class of 2023!

—The Bio-Book Group  
*(Chaima, Kate, Kayode,  
Miriam, Samuel & Trang)*





**“WE, THE MSLS CLASS OF 2023,  
ENDEAVOR TO BE CATALYSTS THAT  
LEAD STRATEGIC CHANGE, USING  
DIVERSITY AS A STRENGTH TO  
INSPIRE PEOPLE, AND CREATE  
SUSTAINABLE TRANSFORMATION.”**



## Behnaz Kianian Seyed Abadi

Architect/Architectural engineering

**“I BELIEVE MSLS IS PART OF MY SUSTAINABILITY JOURNEY AND THAT THE UNIVERSE HAS BROUGHT ME TO THE BEAUTIFUL KARLSKRONA AT THE RIGHT TIME.”**

Living in a totally unsustainable society and feeling all aspects of the sustainability challenge with every cell of my body is the source of my motivation. Also as a mother, I can see how the future of my own son and all new generations are dependent on the efforts we make today regarding sustainability. I see the lack of strategic leaders in facilitating the sustainability transition and found MSLS as an opportunity to learn and grow my sustainability and leadership skills. Therefore, I seek to be part of this change and feel a moral obligation or a sense of responsibility to bring the leadership values that I am learning at MSLS forward to generate sustainable development. Briefly, I believe MSLS is part of my sustainability journey and that the universe has brought me to the beautiful Karlskrona at the right time.

*Our desire to buy or experience new things is endless. Sometimes a high level of dopamine is needed to feel pleased and it makes us want more of everything which is natural due to the way we live today. We need to remind ourselves that happiness is intrinsic and should not be associated with such things or money. Acting with respect to this fact is not easy but there are lessons out there that prepare us for that. So, one important thing to remember is that we should be enough as who we are now; also, what we already have is enough and we might not need more. Then, we can be in peace with ourselves and fight less for life. Why don't we enjoy small things, use what we have already had, share with others, spread love and smile because our smile can change one's mood and finally day.*

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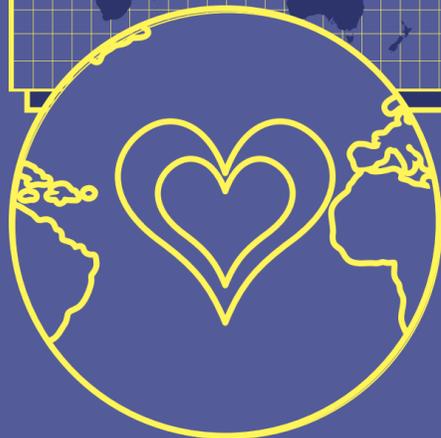


## Andrea Van Acker

*International law, conflict photography,  
sustainability & cultural heritage*

**“I WANTED TO CONTINUE MY EDUCATION . . . [AND FIND] TOOLS THAT CAN HELP ME PLAY MY PART IN THE SOLUTION. . .”**

I wanted to continue my education in some field, but was unsure what. I realised during my time at our family business that I am not necessarily looking for more knowledge on the sustainability challenge, but rather for tools that can help me play my part in the solution (in our business, in another one, in my family, etc.). That is how I found MSLS ♥ Cause it combines the two!



*SOMEWHERE  
BETWEEN THE  
TUNDRA, THE SEA  
AND THE DESERT*



*Why do something that nature does for free? Ditch the hair dryer 🌍 (unless it's humid winter and your hair just... won't dry)*

[linkedin.com/in/andreavanacker](https://www.linkedin.com/in/andreavanacker)





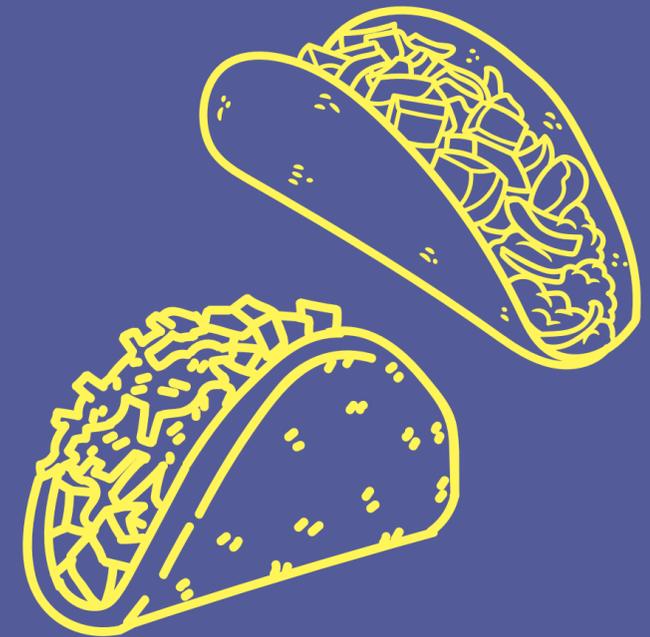
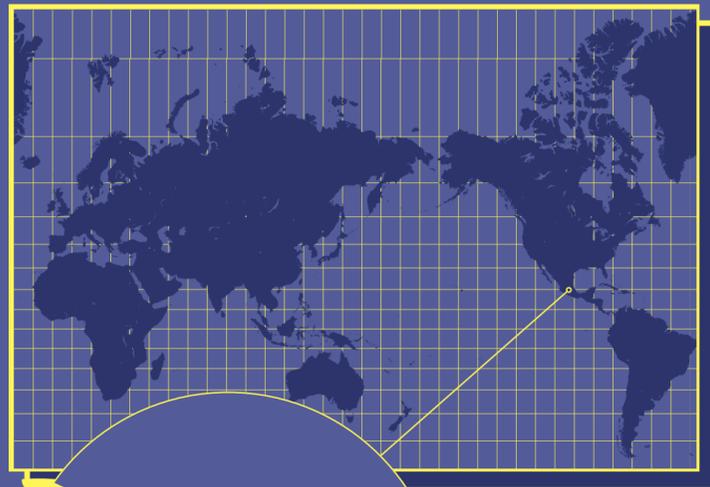
## Carlos Antonio Charles Ambríz

*Bachelor's degree in Administration (Universidad Nacional Autónoma de México, Mexico)*

*Master in Sustainability Economics & Management (University of Oldenburg, Germany)*

**“[I] DESIRE TO WORK FOR A DECENT AND JUST SOCIETY”**

The love and respect I have for nature, along with my desire to work for a decent and just society, inspired me to pursue a degree in Sustainability in Germany, and after a year of studying there, I decided to complete a double degree program at the BTH to complement my academic formation.



*Reduce or substitute meat in your tacos (and replicate this in other dishes)*

[linkedin.com/in/carlos-antonio](https://www.linkedin.com/in/carlos-antonio)





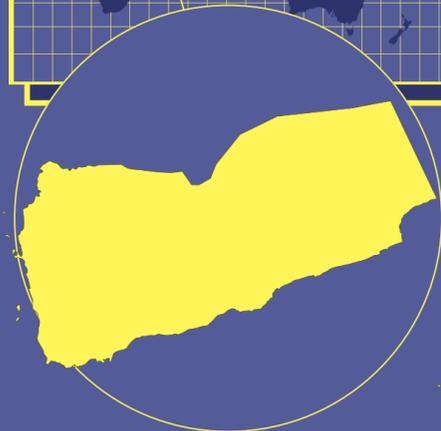
## Dhekra A. Annuzailiouch

*Pediatrician /Senior Public Health Specialist, MD,  
DCH, DIC, ECD, MPH.*

**“MY AIM NOW IS TO  
CONTRIBUTE TO THE  
SUSTAINABILITY MINDSET  
CHANGE WITHIN  
ORGANIZATIONS.”**

I have been contributing to sustainability field since 2000 in terms of designing and monitoring an integrated and effective primary health care service package to poor communities in constraint resources countries. My aim now is to contribute to the sustainability mindset change within organizations.

*I started to truly adopt a minimalist lifestyle (busses instead of riding private cars or uber, buying second hand antiques, furniture, materials, etc.)*



**YEMEN  
REPUBLIC**

[linkedin.com/in/dhekra](https://www.linkedin.com/in/dhekra)





## Emma Bäckman

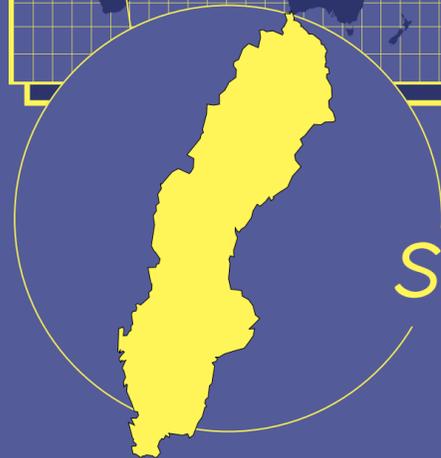
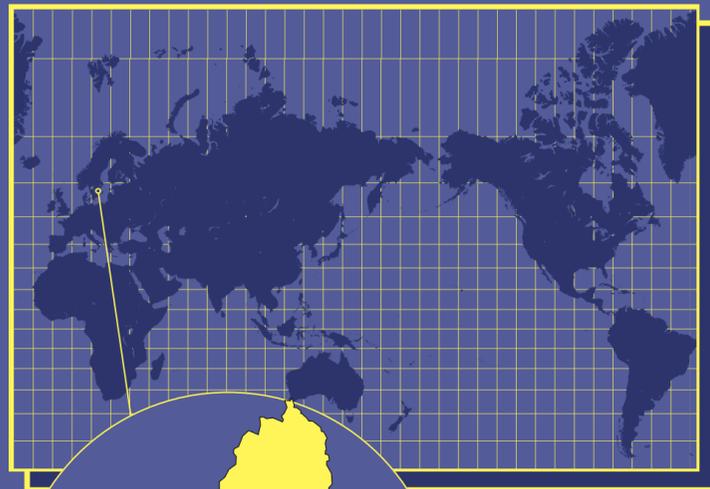
*Senior project manager, Market research and Sustainability*

**“COMPETENT LEADERSHIP IS NEEDED EVERYWHERE IN ALL INDUSTRIES AND SECTORS.”**



I am passionate about sustainability and driving change, and was looking for a next step to grow my contribution to sustainable development. I did not have a science background which proved to be an obstacle, as most education programs are focusing mainly on the environmental part. I was therefore very glad to find the MSLS program which is open for all, regardless sector. This openness emphasizes the fact that understanding of sustainability and competent leadership is needed everywhere in all industries and sectors. That really appealed to me, together with the way they emphasized the importance of leadership and intrapersonal skills for driving change. The holistic perspective on what is needed to drive sustainable development and the elements of practice was exactly what I was looking for.

*Buy & eat little more local food and little less meat*



**SWEDEN**

[linkedin.com/in/emmabäckman](https://www.linkedin.com/in/emmabäckman)





Nataliia Baranovska

*Pharma, economy, advocacy & government relations*

# MSLS IS MY HOPE FOR THE FUTURE



*One hour running in the morning to be healthy*



*UKRAINE*



## Maren Berkenheide

Economic psychology / HR

# “I WANT TO CREATE AN IMPACT”

I grew up on a farm and love to be outside. After completing my apprenticeship at a cooperative bank, I needed to see more of the world. That led me to a micro bank project in Rwanda. There, I learned what it means to benefit from entirely different perspectives. Back in Germany, I started working in Human resources and began my studies in economic psychology. Here I loved to observe human behavior and group dynamics. I am concerned about how we can counter climate change and social injustice. For this reason, I have joined a pan-european party for issues close to my heart. Now, I want to create an impact, and I hope to learn more about how to drive change with the MSLS Movement.



GERMANY



*I started to have a critical view of my consumption. Before every purchase, I ask myself, do I really need that? When the answer is yes, I try to find it second-hand, and second-hand shopping is so much fun!*

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## Mariana Carvalho Buoro

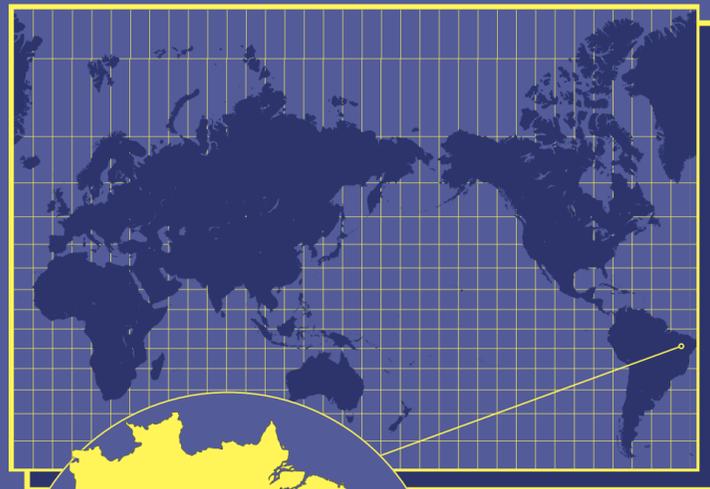
*For over 5 years now I have been working in socioeconomic development projects with traditional communities in the Amazon rainforest*



*Bike.*

**“I CAME LOOKING FOR STRATEGIES, TOOLS AND CONNECTIONS [THAT] CONTRIBUTE TO GLOBAL EFFORTS TOWARDS SYSTEMIC CHANGE.”**

I came looking for strategies, tools and connections to better navigate the processes and dynamics that drive the sustainability agenda – as a path forward to scale-up the impact of work on the field and, in gaining scale, contribute to global efforts towards systemic change.



**BRAZIL**

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## Polina Chernomordik

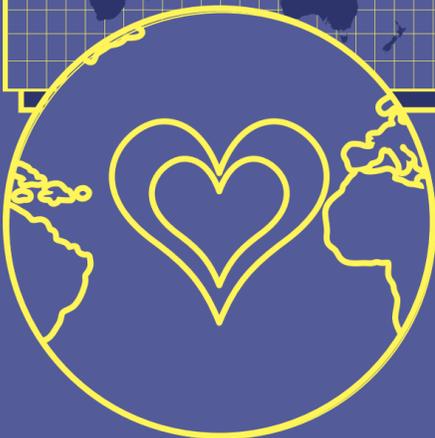
*I am extra multidisciplinary. I am a policymaker, a sustainability activist, community manager, artist, hypnotherapist, life-coach and end-of-life doula.*

**“WORKING WITH PEOPLE ONE-ON-ONE HELPED ME TO FULLY REALIZE HOW UNSASTAINBLE OUR SOCIETY IS. . .LEADING TO INTENSIVE HUMAN AND NON-HUMAN SUFFERINGS.”**

I was a policymaker dealing with a variety of public issues. Then I got badly sick. The path to recovery lead me to see the world through the lense of human nervous system and brain work. I trained to become life-coach, hypnotherapist and end-of-life doula. Working with people one-on-one helped me to fully realise how unsustainable our society is and absolutely not aligned with our biology and our needs leading to intensive human and non-human sufferings. I read a hundred books around the topic, took a trillion courses online, organised a dozen events, got somewhat bored of self-learning and thought it's time to have a company for discussions. Plus new learnings and a formal degree is always a good idea ;)



*Continuing wearing socks with the holes? :)*



**I DON'T  
HAVE A  
HOME**

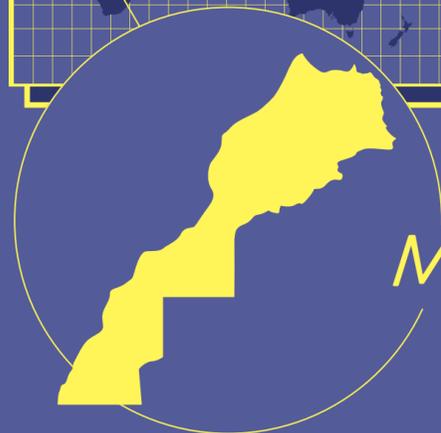


## Chaima Dalouhamouch

*Industrial & logistics engineer*

**“I HAD NO CLUE  
HOW TO EMBED THE  
SUSTAINABILITY  
INTO A STRATEGIC  
LEVEL”**

I have worked in supply chain for the last 4 years and I had no clue how to embed the sustainability into a strategic level and how I can contribute to make the industry sustainable while meeting the needs of the consumers. So I decided to apply to MSLS to have the required knowledge and tools to do so.



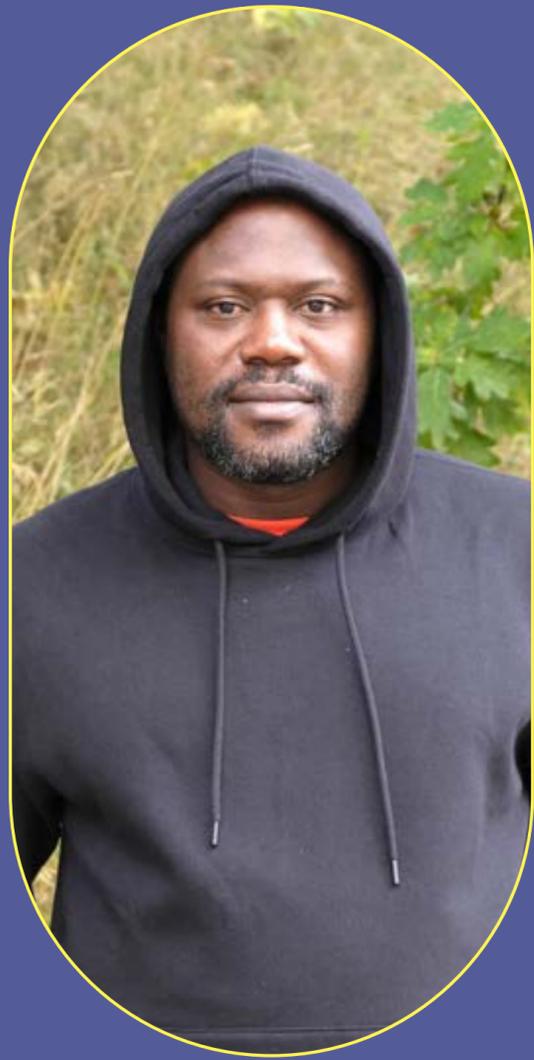
**MOROCCO**



*Buy from local brands*

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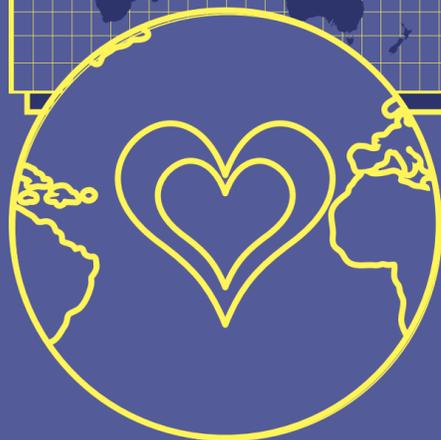


## Promise Fornjum

*I have a background in Engineering (Diploma & a postgraduate diploma) & in Management Sciences (Bsc. and Msc.)*

**“THE MSLS PROGRAM IS A COMPLIMENT TO MY PASSION FOR AND INVOLVEMENT IN LEADERSHIP FOR SUSTAINABILITY”**

I practiced leadership and Sustainability for thirteen years, leading student Unionism, civil society organizations etc, and founded a nonprofit organization in my community to bridge the gap between the poor and the rich. My quest for more leadership and Sustainability knowledge led me into discovering the MSLS program through the Swedish University admission portal. The MSLS program is a compliment to my passion for and involvement in leadership for sustainability in my organization.



**GENERALLY, A HOME IS WHERE I FIND COMFORT, BEING HAPPY IN MY CURRENT ENVIRONMENT IS CONSIDERED HOME.**



*Solving immediate environmental issues in any surrounding I find myself in while taking into cognizance posterity is my habit.*



## Vincenzo Giunta

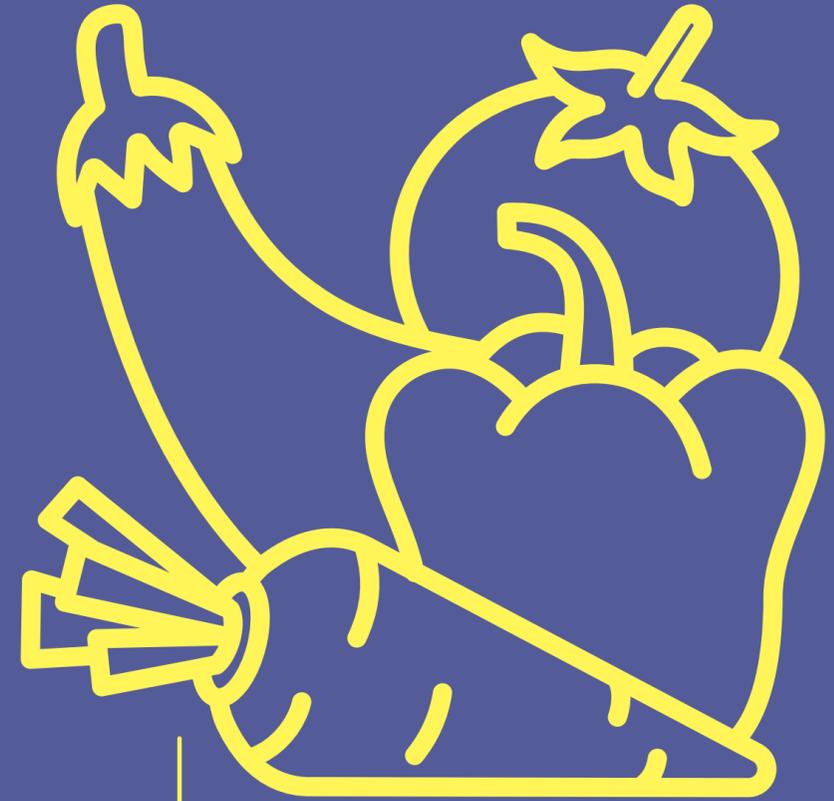
*Studied International Business during Bachelor and have worked as Procurement Manager at Coca-Cola for 4 years*

**”TO ENCOUNTER AN ENVIRONMENT THAT SUPPORTS ME IN DEVELOPING AND EXPANDING MY KNOWLEDGE AROUND SUSTAINABILITY”**

After having spent several years working in business before, I wanted to zoom out again, learn more about sustainability and how it can be executed. Having researched Master programs, I came across MSLS at BTH. Within the 10-month duration of the program I hope to encounter an environment that supports me in developing and expanding my knowledge around sustainability in order to make strategic and science-based decisions to create an impact that goes beyond MSLS. One of the great assets of MSLS is the diversity within the class which is a fantastic way to connect and exchange different perspectives. After all being part of MSLS for me means being part of a change for the better.



*Berlin,*  
**GERMANY**



*Eating vegetarian*

[linkedin.com/in/74368986](https://www.linkedin.com/in/74368986)





**Lisa Heyman**  
*Environmental Engineer*

**THE ASPECT OF  
COMMUNITY IN  
MSLS INSTANTLY  
ATTRACTED ME TO  
THE PROGRAM.  
I WAS LONGING  
FOR A PLACE  
WITH LIKE-  
MINDED PEOPLE.**



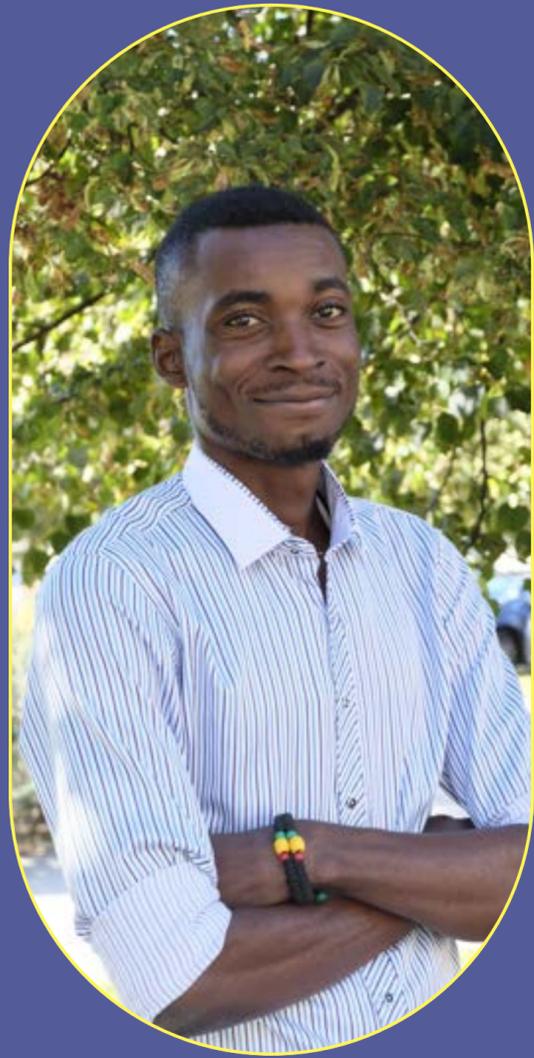
*If someone asks you if you want to have their clothes. Always say yes! My wardrobe is 85% secondhand. Also, any situation requires resourcefulness before any new item needs to be bought.*



**EUROPE**

[linkedin.com/in/lisa-heyman](https://www.linkedin.com/in/lisa-heyman)





Oyedele Kayode John

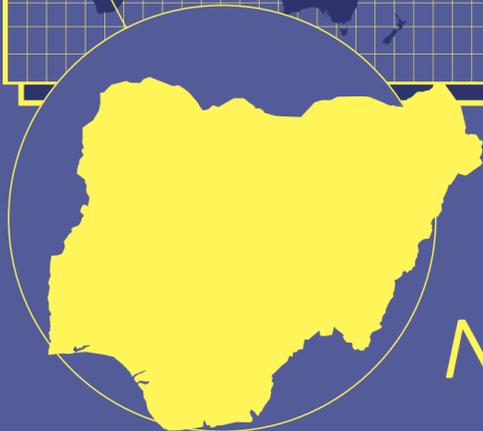
*English and Literary Studies*



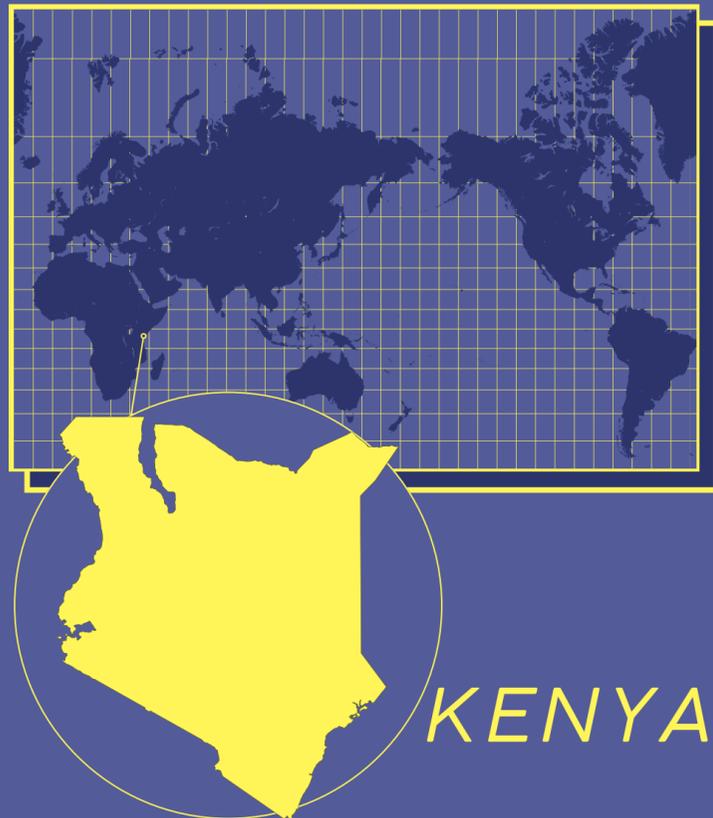
**“KEY TO  
MY FUTURE  
ASPIRATIONS.”**

My experience working with an NGO that focus on human and sustainable development inspired me to pursue a degree in sustainability. I found MSLS very interesting because it blends leadership with sustainability. These two are key to my future aspirations.

*Be intentional about the environment. Be conscious of your daily action in order to preserve our "Earth"*



**NIGERIA**



**KENYA**

## Jackline Kalyonge

*B.A Psychology and Sociology*

**“SWEDEN RANKS HIGHLY IN THE GLOBAL SUSTAINABLE COMPETITIVENESS INDEX, I FIGURED THERE'S NO BETTER PLACE TO LEARN ABOUT SUSTAINABILITY”**



As a marketer working in the renewable energies sector, I realized that just learning about renewable energies wasn't enough because the sustainability issues in our society are interconnected. So gaining a deeper understanding of sustainability issues, the complexity of these problems and learning the best way to tackle them seemed like the best step forward. Being that Sweden ranks highly in the Global Sustainable Competitiveness Index, I figured there's no better place to learn about sustainability than where they actually practice what they teach. I looked up a number of programs offered at various universities here and I found MSLS to be more suited to my needs.

*Being mindful of our actions*

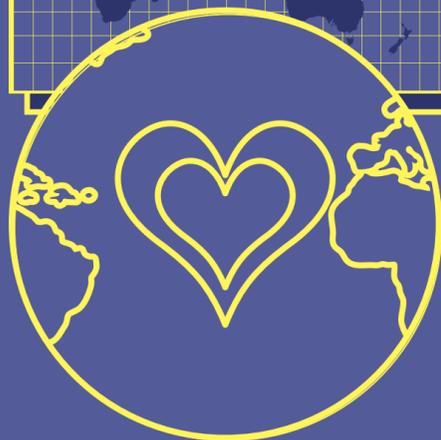


## Divya Kasarabada

*I have a background in Architecture and Design from Bangalore. I have previously done a masters in Urban Studies at Malmö University. I have worked in communications, creative and strategy centric roles in different kinds of organizations with a focus on sustainability. I am now working for 20-30 Coliving Ab as a Community manager as my core role while driving sustainability and circular economy strategies.*

### “NOT HAVING A FORMAL RECOGNIZED EDUCATION ON THESE TOPICS LEFT ME AT A DISADVANTAGE”

I have been working with sustainability and circular economy since 2019, but I wondered not having a formal recognized education on these topics left me at a disadvantage in making my ideas come to life and communicating them. The last years I have constantly been searching for opportunities that help me continue on my sustainability journey, and this search and questioning inside me lead me to MSLS.



*THE PLACE I GREW UP IS SINGAPORE AND BANGALORE-INDIA. I ALSO SPENT A PART OF MY ADULT LIFE IN MALMÖ WHICH IS ALSO MY HOME AWAY FROM HOME*



*Playing "create something new" game with waste packaging*

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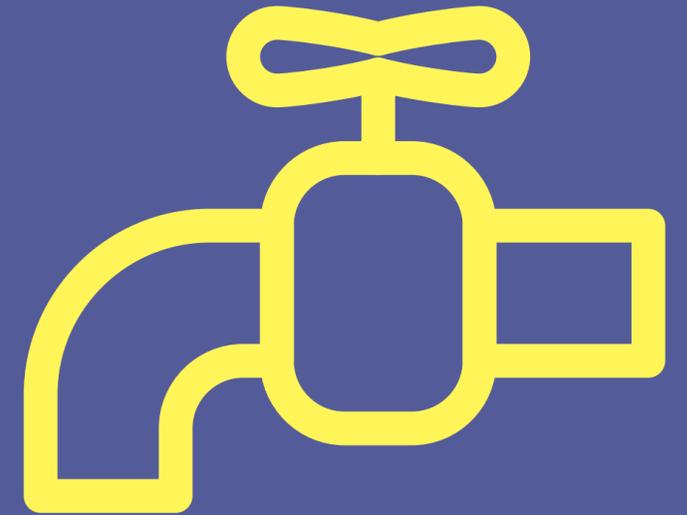
**Jeongwon Kim**  
*Steel Industry*

**“I WANT TO ‘MAKE THE CHANGE’ AND CONTRIBUTE TO A MORE SUSTAINABLE SOCIETY”**

At a vocational level, I work in steel industry. As it is one of the biggest CO2 emitter, I want to "make the change" and contribute to a more sustainable society! At a personal level, I've always loved & appreciate Nature and want to live in a more sustainable way!



**SOUTH KOREA**



*(In South Korea context)  
Drink tap water! our tap water is clean and tasty  
😊😊*

[linkedin.com/in/jeongwon-kim](https://www.linkedin.com/in/jeongwon-kim)





## Samuel Leeds

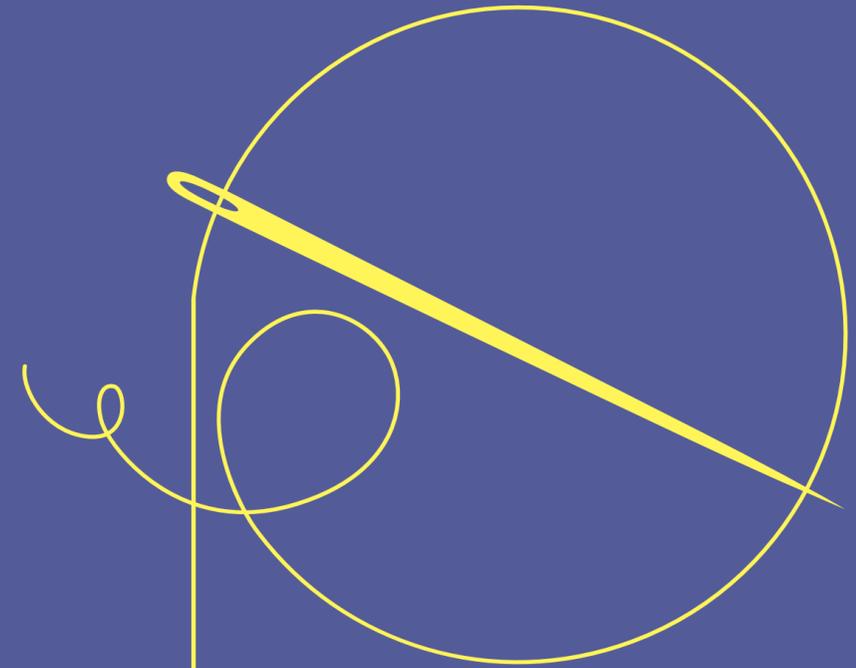
*Museums, Retail, Publishing and Design*

**“TO FURTHER MY UNDERSTANDINGS AND CAPACITIES.”**

After growing up in and around the worlds of design and communication—and then subsequently pursuing careers in them—I witnessed first hand how much care for, knowledge of and attention to intention has waned. In sharing with peers my visions for reshaping these fields to be more sustainable, I was, thankfully, pointed towards this program to further my understandings and capacities.



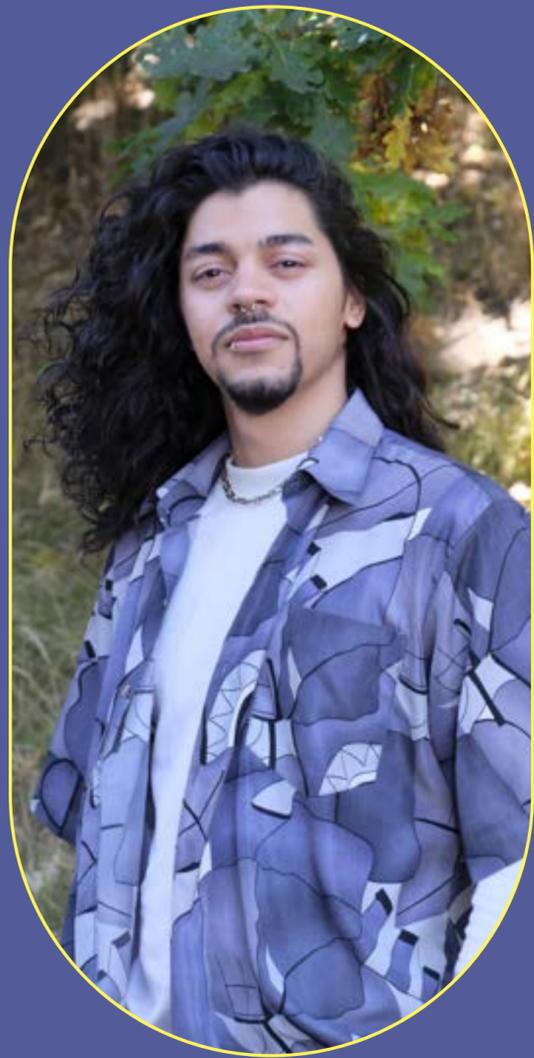
*New York,  
USA*



*Learn to sew if you don't know how, and find ways to Fix or Repair before you Replace.*

[linkedin.com/in/samuellleeds](https://www.linkedin.com/in/samuellleeds)





ARUBA

## Nigel Maduro

*Bachelor's of Arts in International Human Resource Management, with Hons. in Creativity in Finance and Management. I have also worked in the environmental non-profit sector, as well as the corporate sustainability sector. In addition, I crafted my skills and knowledge by working as a human resource specialist and as an intersectional environmental activist.*

### “I WANTED TO MAKE A BIG IMPACT ANYWHERE I GO”

Being Indigenous from Aruba, I have always been very connected to the land, the seas and the trees around me. But as I got older, I realized that my home was slowly being negatively affected by unsustainable systems set in place. After moving abroad to pursue my studies, I made it a personal goal to learn as much as I can from the world. From getting my degree and working in the corporate sustainability sector in The Netherlands, to gaining experience as an intersectional environmental activism in Aotearoa (New Zealand), I decided to go for my next journey, which was to hone my craft in Karlskrona, Sweden. I chose Strategic Leadership towards Sustainability because I wanted to make a big impact anywhere I go, but also to take everything I learned and apply it in the Caribbean.



*Amplify Indigenous people's voices, save vegetable food scraps to make vegetable broth, avoid American fast food chains, thrifting instead of fast-fashion, include vegetarianism/veganism in your diet, and again... Amplify Indigenous people's voices.*

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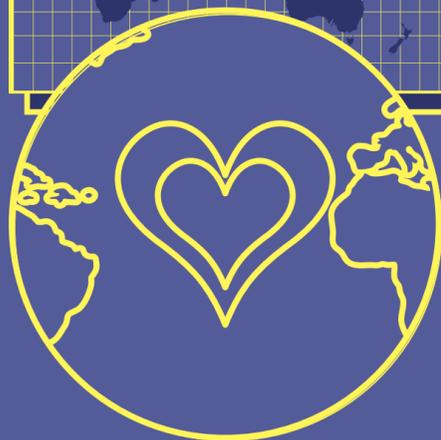




## Johannes Meusburger

*Since my highschool I did always something with Sustainability. In my final thesis I wrote about replacement of phosphorus in wash powder. Later in my worklife I supported companies to reduce their ecological footprint and helped them to save resources. In my bachelor thesis I wrote about reducing inequality through employment shared ownership. The last year before I came to Kralstona I worked as a project and salesmanager for solar panels.*

**I WANTED TO DEVELOP MYSELF THROUGH A MASTERS PROGRAM ABROAD FROM AUSTRIA. AFTER I CHECKED SOME SWEDISH MASTER PROGRAMS I DECIDED TO STUDY WITH MSLS.**



*I'M FROM VORARLBERG, IT IS THE MOST WESTERN PART FROM AUSTRIA. MY FRIENDS AND MY FAMILY LIVE THERE. I FEEL LOVE. THAT'S MY HOME.*



*Change your bank account to a sustainable bank which fullfills all 8 SPs*

[linkedin.com/in/johannes-meusburger](https://www.linkedin.com/in/johannes-meusburger)



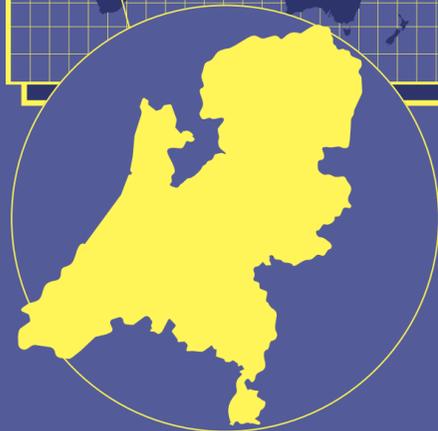


## Fleur Muller

*Future Planet Studies, University of Amsterdam*

**“[TO] GROW FURTHER AS A PERSON AND AS A LEADER.”**

I am passionate about sustainability and leadership. MSLS seemed like the perfect opportunity to combine the two passions and grow further as a person and as a leader.



*THE  
NETHERLANDS*



*Eat yo veggies  
& hug a tree*

[linkedin.com/in/fleurmuller](https://www.linkedin.com/in/fleurmuller)





## Marriam Usman Nasir

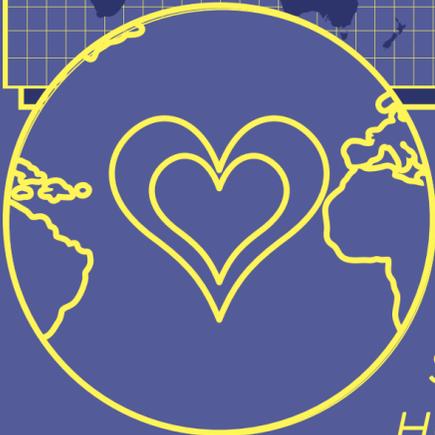
*I graduated with Majors in Computer Science but then steered towards Human Resource Management, where I worked for good about 14-15 years but then landed into working as a Communications and CSR specialist for half a decade. That's where the inclination towards sustainability got stronger and then I dedicated myself to work towards the cause 'There is No Planet B' !*

**“[LACKING] THE RIGHT TOOLS OF BRINGING CHANGE WAS ITSELF A CHALLENGE FOR ME TO VOICE MY THOUGHTS IN AN IMPACTFUL WAY.”**

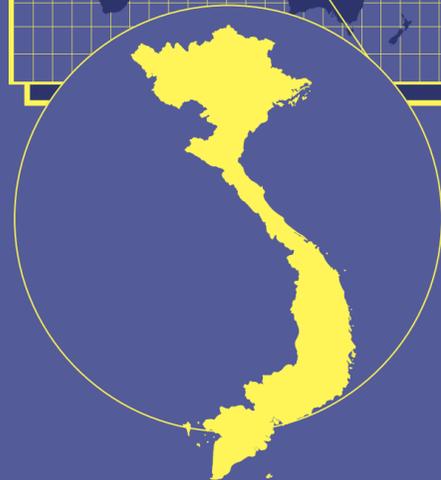
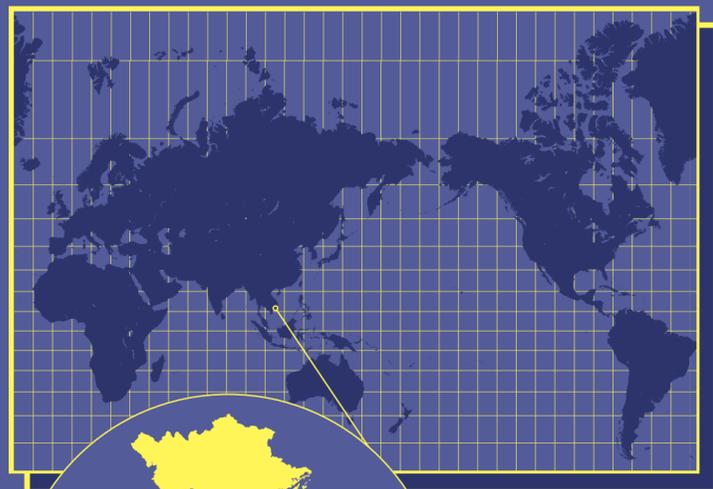
Working on field in crazy work environment and for unrealistic hours through the Covid period when the world had almost paused, my life taught me many lessons of behavioural changes and living patterns. I was passionate about aligning the work habits with sustainable social principles at my work place and had always wanted to walk the talk but the right tools of bringing change was itself a challenge for me to voice my thoughts in an impactful way. The struggle continued and meanwhile I migrated to Sweden. That's where I came across MSLS that had all the right ingredients I had been looking for. I was then lucky to get through the program and be part of the future leaders of sustainability !



*Be Human !  
Breath in Breath out ...  
Positivity & Modesty ! .... and  
every problem will unveil its  
solution itself.  
Practice as you preach !*



*PAKISTAN IS  
WHERE I WAS  
BORN, BUT  
SWEDEN IS MY  
HOME NOW*



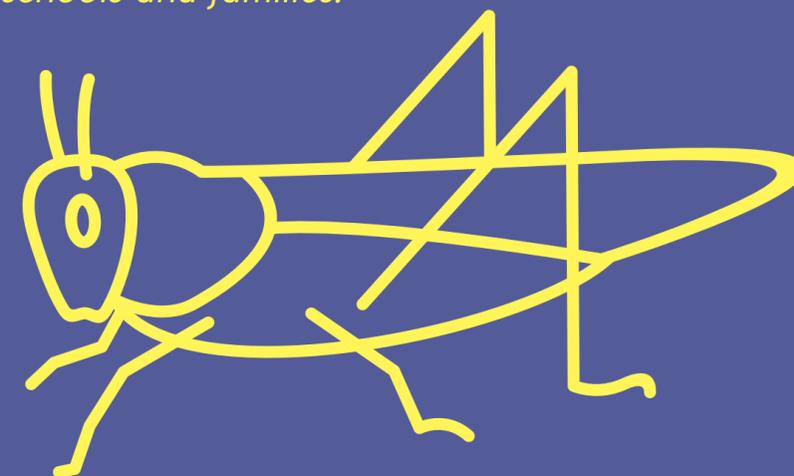
VIETNAM

## Van Trang Nguyen

*After graduating, I worked in the R&D team for an education startup in Vietnam for two year. As I has always been interested in teaching and working with children, then I joined Teach For Vietnam's Fellowship program and shifted my path to become a teacher in a low-income community. Throughout the journey, I got fruitful grass-root experiences to understand about the complexity of educational inequity in my country and started exploring more holistic ways to provide better education to children. For the past two years, I have focused on learning and sharing practices of nonviolent communication, circle way and restorative justice,... for children, teachers and parents to nurture healthy relationships in schools and families.*

**“I LONG FOR AN EXPERIENCE WHERE I CAN GAIN MORE CLARITY ABOUT SYSTEMIC ISSUES”**

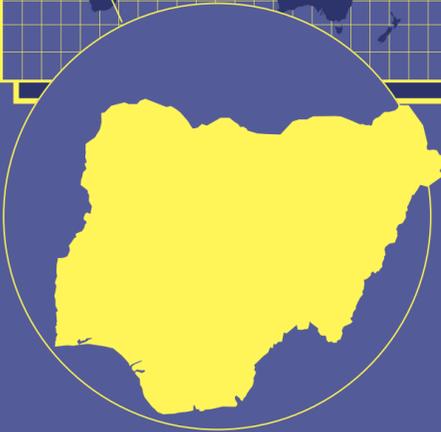
I long for an experience where I can gain more clarity about systemic issues and deepen my sustainable living practices. And I trust the MSLS program will hold space for me to do that, not just by a well-designed curriculum or FSSD framework, but by all the beautiful people I had a chance to meet and learn from. I am always thankful for the companionship, friendships, the sense of community that I have found here.



*When your brain gets stuck, find non-human beings (an insect, a plant,...) and listen to them. Sometimes they give you answers, sometimes they give you acceptance. Both are good, and help you nurture a sense of kinship with our fellow-creatures.*

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**NIGERIA**

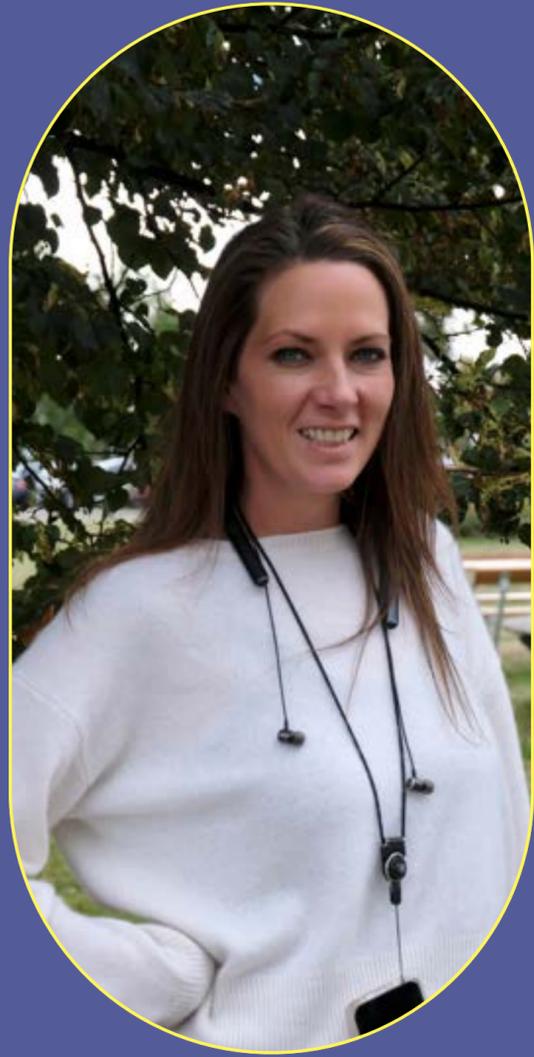
**Azu Adeola Oluwakunmi**

*Biochemist*

**HUNGER FOR  
ENVIROMENTAL  
AND SOCIAL  
SUSTAINABILITY  
BROUGHT ME TO  
MSLS!**







## Sheryl Paniec

*I have Business Administration Diploma in Finance, A BA in Business Communications, and I am completing a Masters of Arts in Integrated Studies majoring in Anthropology and Global Studies. I own my own company teaching English, while volunteering with various advocacy groups to support disability rights.*

**“TO HELP FURTHER ACCESSIBILITY AND EQUALITY FOR MARGINALIZED GROUPS.”**

After living and travelling through over 30 countries I am continuing my educational experience in Sweden. I have been a teacher for over 10 years, have 20 years experience working in service and hospitality industries, and have worked in the telecommunications industry for over five years. I am a member of the SSoCIA (Society for Social and Conceptual Implications of Astrobiology), and volunteer and consult with a number of NGO's and organizations to help further accessibility and equality for marginalized groups.



**CANADA**



*Eat locally whenever you can. Food and culture are intrinsic. Not only are you eating more sustainably, you get to learn traditions, values, and customs of those around you.*

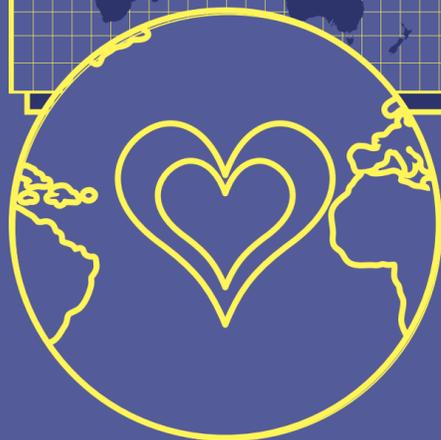


## Mark Prins

*Study: Human Resource Management.  
Profession: Program manager in Learning & Development, Organization Development*

**“THE NEED TO KEEP DEVELOPING INTO A BETTER VERSION OF MYSELF.”**

I feel the need to keep developing into a better version of myself. At the same time I feel the urgency to move to a sustainable society. I think I can be more effective in playing my part of the movement with the MSLS degree.



*MY HOME IS IN THE NETHERLANDS (MY FAMILY) AND IN GERMANY (WHERE I LIVED, BEFORE MOVING TO SWEDEN)*



*Do the things what makes you really happy and not what happiness should looks like towards others (social media)*

[linkedin.com/in/mark-prins](https://www.linkedin.com/in/mark-prins)

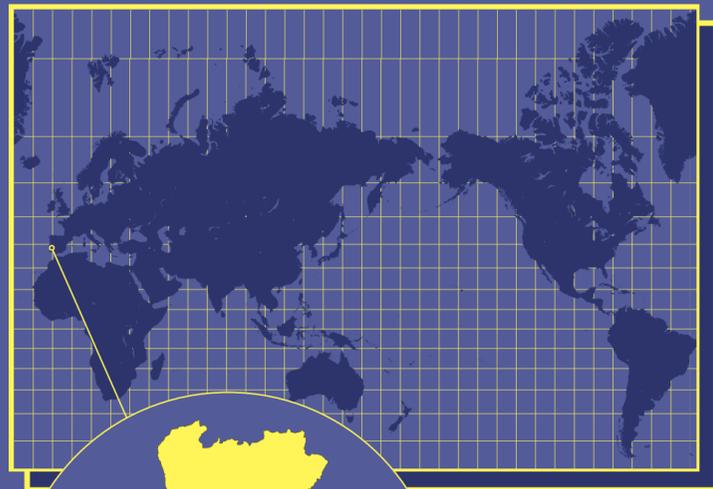




**Maria Madalena Cadavez Alarcao Ravara**  
*Environmental Engineering*

**“URGENCY  
FOR  
CHANGE.”**

A desire to be part of a diverse community greater than the sum of its parts and moved by the same urgency for change.



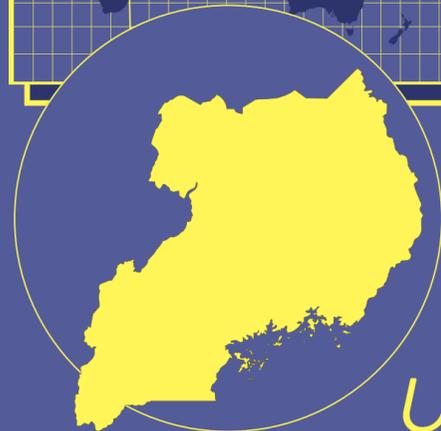
*Lisbon,  
PORTUGAL*



*Walk everywhere, be curious and creative, invest time connecting with people and nature.*

[linkedin.com/in/madalenaravara/](https://www.linkedin.com/in/madalenaravara/)





*Kampala,  
UGANDA*

## Monica Elizabeth Salirwe

*Environment and Social Governance professional with academic and professional background in Ethno botany, environmental and social management, quality, health and safety management (ISO 9001, ISO 45001 and ISO 14001), etc.*

### **“THE OBJECTIVE IS ENVIRONMENTAL AND SOCIAL SUSTAINABILITY AND ITS INTEGRATION”**

My roles in providing environmental and social management advisory services have been to ensure that project and organisational activities are undertaken in a manner that shows good environmental stewardship and also ensure that entities comply (or understand to what extent they are complying) with environmental and social policies and relevant environmental national legislation and international development requirements. The objective is environmental and social sustainability and its integration into the backbone of organisational culture and ethos while creating channels/avenues for sustainability innovation – my quest for this objective led me to the MSLS programme.



*Sprinkle some joy and positivity into the world daily; this could be what someone is looking for for that day :).*

[linkedin.com/in/monicasalirwe](https://www.linkedin.com/in/monicasalirwe)





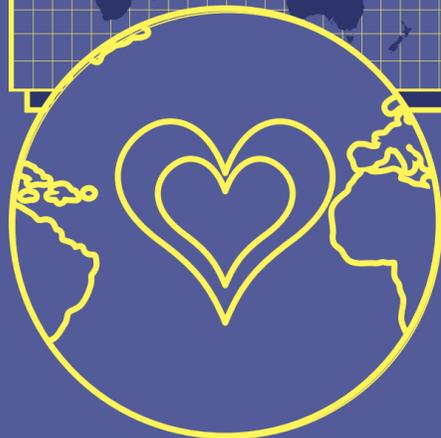
**Jasmin Sepahzad**  
*Biology - Environmental Education*

## “AFTER A BRAINSTORMING SESSION ABOUT MY NEXT FUTURE STEPS I REMEMBERED MSLS ”

A friend of mine, that I participated in an Ecovillage Design Education Course in told me about MSLS in 2020. After a brainstorming session about my next future steps I remembered MSLS in Winter 2022, that was 3 days before the application deadline closed! I got my application together and crossed my fingers - and here I am!



*Buy clothes at second-hand shops or fleamarkets, open give-away corners and gift shops!*



*HOME IS  
WHERE  
I FEEL IT*

[linkedin.com/in/jasmin-sepahzad](https://www.linkedin.com/in/jasmin-sepahzad)



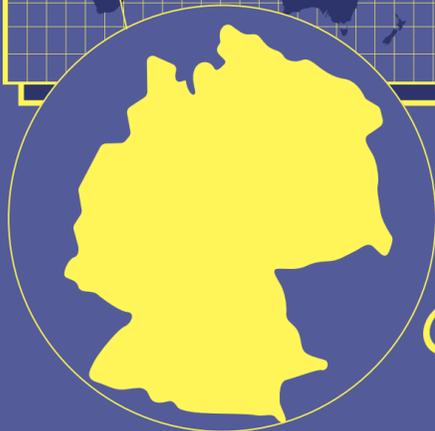


## Fee Stöcker

*International Relations B.A. // Political Science M. Sc.*

**“MY LEARNING EXPERIENCE  
HERE IS SO MUCH RICHER  
THAN I COULD HAVE EVER  
HOPED FOR.”**

Environmental protection has always been an integral part of my life. It is something I live by and truly believe in. Only after doing a twenty-week internship in the German environmental ministry in Berlin during my Bachelor degree I realized that I could dedicate my career to this cause: my interest in politics and law, my passion for environmental protection, and the prospect of working internationally were suddenly presented in one career path. This realization gave a North to my inner compass, and suddenly I knew where I wanted to go with my life. To gain a better understanding of the field, I thus opted to do a Master of Political Science with the specialization in Global Environmental Governance, Sustainability and Climate Change at VU Amsterdam. This program gave me a theoretical education, but I lacked knowledge on how to implement and facilitate change towards sustainability in a practical way. This is why I came to MSLS, and my learning experience here is so much richer than I could have ever hoped for.



**GERMANY**

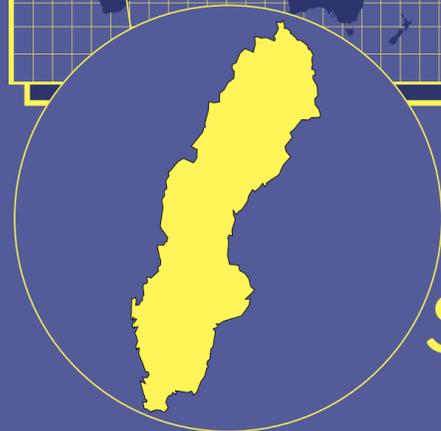
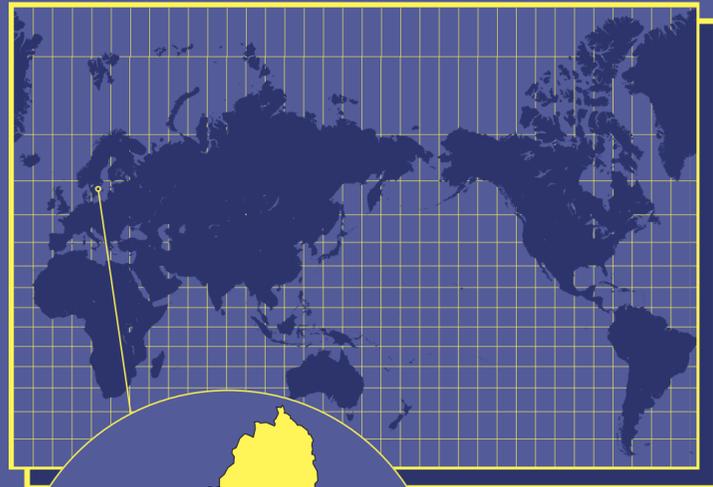




**Lisa Strandberg**  
*Environmental Science*

**“I FELT THAT I  
WANTED TO MORE  
KNOWLEDGE IN  
THE STRATEGIC  
PART OF  
SUSTAINABILITY.”**

I've studied Environmental science in Halmstad for three years. I felt that I wanted to more knowledge in the strategic part of sustainability. I read about MSLS and got interested in the mix of strategic work, leadership and the diversity of people!



*Karlskrona,  
SWEDEN*



*Recycling, travel by bike  
or train, buy local  
produced food or  
ecologically produced,  
take a walk in nature*

[linkedin.com/in/lisa-strandberg](https://www.linkedin.com/in/lisa-strandberg)





## Ekaterina Trofimova

*Sustainability Project Lead at Electrolux  
Bachelor of Textile and Interior Design*

**“MSLS FELT LIKE THE RIGHT PLACE TO CONTINUE DEVELOPING STRATEGIC LEADERSHIP SKILLS TOWARDS SUSTAINABILITY.”**

I was raised in an artistic family and came a long way from studying design, later shifting to management and marketing and finally finding myself applying design principles in order to develop community investment program for the business. With 5 years of international leadership experiences at AIESEC and 6 of working at Sustainability team at Electrolux, MSLS felt like the right place to continue developing strategic leadership skills towards sustainability.



*SAINT-PETERSBURG/  
STOCKHOLM*



*Use bee wax wrap and cotton bags to make fresh veggies last longer. Fridge temperature should be 4 degrees Celsius.*

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**Pauline Wenzel**  
*Food and Nutrient Science*

**“I MET PEOPLE WHO DID MSLS. . .[AND] WAS VERY MUCH INSPIRED FROM THEIR EXPERIENCES AND STORIES”**

When I participated in "The International Youth Initiative Program" in Schweden and I met people who did MSLS. I was very much inspired from their experiences and stories which made me very curious about the Program. Looking for an alternative educational studies I applied for MSLS and am very grateful now to for this opportunity.



**GERMANY**



*Be conscious about your actions and thoughts*

[linkedin.com/in/pauline-wenzel](https://www.linkedin.com/in/pauline-wenzel)



